**WORKSHOP** | **WORKSHOP SESSION OBJECTIVE** | **DATES**
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 Who Am I and What Matches My Personality? | Learn about your personality based on the Myers-Briggs Type Indicator (MBTI). Through group activities identify your unique preferences and how to apply this information to make more meaningful choices. Complete the MBTI. See instructions on the reverse. (*$10 charge to your student account: please see back for more detail*) | Weds. 10/1 2:30 PM - 4:00 PM  Mon. 10/6 3:00 PM - 4:30 PM  Fri. 10/17 1:30 PM - 3:00 PM  Thurs. 10/23 1:30 PM - 3:00 PM  Weds. 10/29 3:00 PM - 4:30 PM  Mon. 11/3 10:00 AM - 11:30 AM  Tues. 11/11 2:00 PM - 3:30 PM  Fri. 11/21 9:30 AM - 11:00 AM  Weds. 11/26 2:00 PM - 3:30 PM  Weds. 12/3 3:30 PM - 5:00 PM
 What Kind of Work or Major Matches My Interests? | Identify your key interest themes through group activities and the Strong Interest Inventory (SII). Learn how to apply this information to make more meaningful choices. Complete the Strong Interest Inventory. See instructions on the reverse. (*$10 charge to your student account: please see back for more detail*) | Thurs. 10/2 1:00 PM - 2:30 PM  Tues. 10/7 1:00 PM - 2:30 PM  Weds. 10/15 11:00 AM - 12:30 PM  Mon. 10/20 3:00 PM - 4:30 PM  Weds. 10/29 1:00 PM - 2:30 PM  Mon. 11/3 3:00 PM - 4:30 PM  Weds. 11/12 3:00 PM - 4:30 PM  Thurs. 11/20 1:10 PM - 2:00 PM  Mon. 11/24 1:00 PM - 2:30 PM  Weds. 12/3 1:00 PM - 2:30 PM
 How Do I Write an Effective Resume / Cover Letter? | Learn how to identify your key message to an employer and the strongest ways to build a resume and cover letter to convey that message. | Weds. 10/1 10:30 AM - 12:00 PM  Thurs. 10/9 1:30 PM - 3:00 PM  Mon. 10/13 1:00 PM - 2:30 PM  Fri. 10/24 10:00 AM - 11:30 AM  Tues. 10/28 1:30 PM - 3:00 PM  Mon. 11/5 1:00 PM - 2:30 PM  Weds. 11/11 12:30 PM - 2:00 PM  Mon. 11/17 10:30 AM - 12:00 PM  Mon. 11/24 1:00 PM - 2:30 PM  Tues. 12/2 1:00 PM - 2:30 PM
 Practice My Interview Skills | Learn techniques to help prepare for an interview. We will discuss questions employers may ask and what employers look for in candidates. You will also be given the chance to answer some interview questions. | Weds. 10/8 3:00 PM - 4:30 PM  Thurs. 10/30 2:00 PM - 3:30 PM  Weds. 11/12 1:30 PM - 3:00 PM
 Internship and Full Time Job Search | In order to be successful at finding an internship or job, you will need to use multiple strategies. Learn how to think like an employer and be strategic in your search. | Weds. 10/15 1:00 PM - 2:00PM  Thurs. 11/6 2:00 PM - 3:00PM  Tues. 11/25 1:00 PM - 2:00PM
 How Do I Find a Part-Time Job On/Off Campus? | Learn a variety of strategies that will help you in your part-time job search. | Thurs. 10/2 3:00 PM - 4:00 PM  Tues. 10/9 10:00 AM-11:00 AM  Weds. 10/15 3:00 PM-4:00 PM
 SOAR - Search Observe, Apply, Rise | Do you have an idea of your strengths and interests, but you don’t know how to translate that into a major or career? SOAR will focus on helping you identify your strengths and interests, where you can use them now, and where you might use them in the future. | Tues. 10/21 6:00 PM - 8:30 PM  * LLC South - Performance Hall
 Peace Corps | Learn about Peace Corps: the application process, serving as a volunteer, security and safety issues and more. | Tues. 10/28 6:00 PM - 7:30 PM  Weds. 11/19 6:00 PM - 7:30 PM  * Willamette Hall 110  * Willamette Hall 110 (Americorps and Teach for America)

*Please note that you will not be allowed to join a workshop that has been in progress for 10 minutes  
* All Workshops are held at the Career Center unless indicated differently
Strong Interest Inventory (SII) and Myers-Briggs Type Indicator (MBTI)

The SII is designed to assist you in exploring your career interests and the activities and environments that are likely to engage and motivate you and thus “wake you up with a smile.” It includes information on the career directions that have engaged professionals who have similar interests to you.

The MBTI is designed to assist you in exploring your personality type - some of your important preferences that define you and make you comfortable. It includes information on the career directions that have matched the personality preferences of professionals who have scored similar to you. To receive an interpretation of your SII and or MBTI results, please register for a group session.

Please contact or visit the Career Center with any questions you may have or to request any additional information you may need.

* The Career Center is excited about your interest in our self-assessment workshops! Due to the cost of generating the MBTI and SII reports for these workshops, starting Fall Quarter 2014 we will charge students $10 per report generated.

This fee will be charged to your student account once the Career Center prints your report. If you cannot afford this fee, you can submit a request for it to be waived by the Career Center Director by emailing absilva@uoregon.edu.

Instructions to completion of the SII or MBTI:
1. Go to: https://online.cpp.com
2. Login: stronginventory (case-sensitive)
3. Password: hireaduck (case-sensitive)
4. Leave ID blank (copy number to return to survey)
5. Select the instrument you have decided to complete: “Strong Interest Inventory” or “MBTI Step I (Form M)”
6. Fill out background info
7. Complete the survey
8. Click “submit”

If you have decided to complete one or both online surveys:
1. Call, e-mail or visit the Career Center to sign up for a group session
2. Complete the survey(s) by noon the day prior to your group session

CAREER CENTER FALL EVENTS

Use your new workshop knowledge and apply it to these upcoming events:

CAREER CENTER DISCOVERY FAIR
Thursday, October 2, 2014
Hendricks Hall West Lawn

GOV CONNECT
Tuesday, October 14, 2014 - 4:00pm - 6:00pm
Ford Alumni Center, Ballroom

S.O.A.R. (SEARCH, OBSERVE, APPLY, RISE.) SEMINAR
Tuesday, October 21, 2014 - 6:00pm - 8:00pm
LLC South Performance Hall

BUSINESS CONNECT
Wednesday, November 12, 2014 - 6:00pm - 8:00pm
Lillis Atrium

FALL CAREER FAIR
Thursday, November 13, 2014 - 12:00pm - 4:00pm
EMU Ballroom

UO NW GRADUATE SCHOOL FAIR
Tuesday, November 18, 2014 - 11:00am - 2:00pm
EMU Ballroom

"SO YOU WANT MY JOB?"
Wednesday, November 19, 2014 - 5:00pm - 7:00pm
Knight Library Browsing Room

MORE PROGRAMS THE CAREER CENTER HAS TO OFFER:

GO INTERN!
The Go Intern Program gives interested students a chance to gain real-world experience in a structured internship while earning credit.

CAREER CONNECTIONS PROGRAM
Career Connections is a two-credit course that focuses on developing Job and Internship Search Strategies within the structure of a class taught within multiple majors.

Need more information?
visit us on our website at: career.uoregon.edu
call us at: (541) 346-3235
hours: M-F 8:30 am-5:00 pm
email us at: career@uoregon.edu
Career Center is located at: 220 Hendricks Hall across from the EMU